ᐃᓱᓕᑦᑐᖅ ᔮᓐᐊᕆ 26, 2019
Ending January 26, 2019

ᑮᓇᐅᔭᖅᑐᓕᐊᓃᒃᑯᑏᑦ
BUDGET STRETCHERS

ᐅᖅᓱᕆᑦᑐᖅ ᓯᖅᑲᓕᓯᒪᔪᖅ ᓃᑦᑑᔫᑦᓴᖅ
Lean Ground Beef

ᐅᑯᓂᖓ ᓂᐅᕕᐊᒃᓴᓂ ᑕᑯᒥᐊᖅᑲᑦᑕᕆᑦᑎ ᑯᐊᐸᑯᔅᓯᓐᓂ. Look for these products at your local participating Co-op.

ᐃᒥᒐᑦᓴᔭᐃᑦ ᖁᐊᑦ ᒥᓂᑦ ᒪᐃᑦ
Minute Maid Punches

ᑯᐊᐸᒃᑯᔭᐃᑦ ᒪᕐᑮᓕᖅᑲᖕᒐᔪᑦ ᐃᖁᑏᑦᓴᔭᐃᑦ
Co-op Gold Bathroom tissue 2 Ply Double Roll

ᑯᐊᐸᒃᑯᔭᐃᑦ ᐃᓇᓘᔭᐃᑦ
Co-op Gold Pasta

ᑯᐊᐸᒃᑯᔭᐃᑦ ᔩᔩᑦ ᖁᓪᓗᖅᓯᒪᔪᑦ, 48
Co-op Gold Processed Cheese Slices, 48's

ᑕᑯᒋᐊᕐᓂᑦ ᑕᖅᑲᐅᖓ ᑐᓴᖃᑦᓴᓅᖓᔪᓂᒃ ᓂᖅᓯᐅᕈᑏᑦ ᖁᕕᐊᓇᖅᑐᓄᑦ ᐱᔭᕆᐊᑭᑦᑐᓄᑦ ᒪᒪᖅᑐᓄᓪᓗ ᓂᕆᔭᑦᓴᓄᑦ ᐅᖅᓱᕆᑦᑐᖅ ᓯᖅᑲᓕᓯᒪᔪᖅ ᓃᑦᑑᔭᑦᓴᖅ!

Follow us on social media for
fun, simple and tasty recipes with ground beef!

@ArcticCoopsLtd