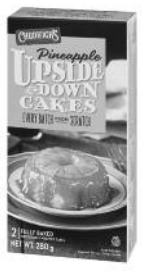

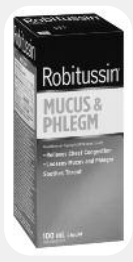

Ventures: Open Daily 9 a.m. to 10 p.m. Phone: 979-5992 The Source: Open Daily 9 a.m. to 10 p.m. Phone: 979-4233 Video Shack: Open Monday to Friday 5 p.m. to 9 p.m.; Saturday and Sunday 1 p.m. to 10 p.m. Phone: 979-4277

ᕙᓐ ᓱᔅ: ᖃᐅᑕᒫ ᒪᑐᐃᖓᖃᑦᑕᖅᑐᖅ 9-ᒥ ᐅᓪᓛᒥ 10-ᒧ ᐅᓐᓄᖕᒧᑦ ᐅᖃᓗᑎᖓ: 979-5992 ᓱᐊᔅ: ᖃᐅᑕᒫ ᒪᑐᐃᖓᖃᑦᑕᖅᑐᖅ 9-ᒥ ᐅᓪᓛᒥ 10-ᒧ ᐅᓐᓄᖕᒧᑦ ᐅᖃᓗᑎᖓ: 979-4233 ᕕᑎᐅ ᓵᒃ: ᒪᑐᐃᖓᔪᖅ ᓇᒐᔾᔭᐅᓯᑦ ᑕᓪᓕᕐᒥᕐᒧᑦ 5-ᒥᑦ 9-ᒧᑦ;
ᓈᑦᑏᖑᔭᓛᕐᓂᐊᖅ ᐊᒻᒪ ᓈᑦᑏᖑᔭ 1-ᒥᑦ 10-ᒧᑦ ᐅᖃᓗᑎᖓ: 979-4277 usw

ᑭᖏᑦ ᐊᑑᑎᓂᐊᖅᑐᑦ
ᕕᕗᐊᕆ 21 – 28, 2020

Prices in effect
February 21 to 28, 2020

$5.49

$4.99

ᓕᑉᐸᓐ ᐸᓂᖅᑐᖅ
ᖃᔪᑦᓴᔭ ᐊᕿᒡᒋᖅᐸᒥᓂᖅ
ᐃᓇᓘᔭᓕᒃ ᐅᕝᕙᓘᓐᓃᑦ
ᐅᐊᓂᐅᔭᓕᒃ
Lipton chicken noodle
soup mix, 4’s

ᑐᓕᒫᑦ ᑰᒃᑰᓯᒧᑦ
Co-op Gold ribs,
610g

$5.49

ᓵᑦᑑᔮᑦᓴᐃᑦ ᐳᐊᒃ
ᓵᑉ
Boneless pork
chops, ea

$18.99

$9.99

ᔭᐃᓐᔅᑯᔭᐃᑦ ᐃᖃᓗᐃᑦ

Janes English style
fish, 450g

ᐲᑦᓴᐃᑦ ᐃᑭᐊᕐᒥᓖᑦ
Pizza Pops, 400g

ᑯᐊᐸᒃᑯᔭᐃᑦ ᖁᐊᑦ
ᓂᕆᓚᖓᔪᖅᓯᐅᑏᑦ
Co-op Gold frozen
entrée, 2.27kg

$14.99

ᓂᖅᓯᐅᕈᑏᑦ
ᐅᖅᓱᐃᑦ

Co-op Gold extra
virgin olive oil,1 L

$3.49

ᑯᐊᐸᒃᑯᔭᐃᑦ ᓱᐃᔭ ᓵᔅ
Co-op Gold soya
sauce, 450ml

ᓂᕆᔭᒃᓴᐃᑦ

GROCERY

ᓂᖀᑦ
MEAT

ᑕᒧᐊᑦᓴᐃᑦ ᕙᐃᒍᓪ

Country Harvest
bagels, 450g

ᖁᐃᕈᓱᓗᓐᓂᓕ ᓄᕙᓪᓗᓂᓗ

COUGH AND COLD

$11.99

$3.49

ᓂᖀᑦ ᕼᐋᒻ
ᓵᑦᑑᔮᑦᓴᐃᑦ
Schneider ham
steaks, 175g

ᖁᐊᖅᑎᑕᐅᓯᒪᔪᑦ

FROZEN

$5.99

ᓴᑦᓖᔅ ᓰᕐᓇᖅᑐᐃᑦ
Chudleigh’s
desserts, 280g

$3.99

ᐅᓲᔭᐃᑦ
Co-op Gold regular
wieners, 450g

$7.99

ᕌᕕᑎᐅᓴᓐ ᓄᕙᑦᓯᐅᑎ
Robitussin cough
syrup, 100ml

ᕼᐋᓪᔅ ᐅᖁᒻᒥᐊᒐᐃᑦ
ᓄᕙᒃᓯᐅᑏᑦ
Hall’s cough drops, ea

ᑯᐊᐸᒃᑯᔭᐃᑦ

ᕿᓂᖅᑐᑦ ᑏ
Co-op Gold pure
black tea, 18’s

$3.29

$3.89

ᑲᓛᒡᔅᑯᔭᐃᑦ
ᑕᒪᐊᑦᓴᐃᑦ ᒍᕇᓐ ᕚᔅ
Kellogg’s Nutri Grain
bars, 8’s

$4.49

3 FOR
$5.00

3 FOR
$5.00

ᑯᐊᐸᒃᑯᔭᐃᑦ ᐱᖓᓲᓕᖅᑲᖓᔪᑦ
ᑲᒃᑭᐅᑎᑦᓴᐃᑦ

Co-op Gold 3ply facial tissue
white, 90 ea