New Recommendations Starting June 22, 2020

**KEEP YOUR DISTANCE**

**IN PUBLIC SPACES**

**INDOOR GATHERINGS**  
**RECOMMENDATION**  
2 M DISTANCE AT ALL TIMES

- In restaurants: mandatory 2 metres distance between patrons.  
- People living in the same place can constitute a ‘bubble’ where physical distancing may be less than 2 metres.

**POSSIBLE EXCEPTIONS**

- The size of the venue makes the 2 metres distancing rule impossible
- Activities involve limited movement
- College and/or university classrooms
- Theatres
- Cinemas
- Public hearing and consultation halls

**OUTDOOR GATHERINGS**  
**RECOMMENDATION**  
2 M DISTANCE AT ALL TIMES

- People living in the same place can constitute a ‘bubble’ where physical distancing may be less than 2 metres.
- However, the 2 metres rule must be maintained with people outside the bubble.

**IN EDUCATIONAL SETTINGS**

**SCHOOLS*, DAYCARES AND DAY CAMPS**

*Schools: STARTING SEPTEMBER 2020

- A group of children can make up a “bubble” to allow them to stay at a distance of less than 1 metre from each other.
- The recommended distance between bubbles indoors is 1 metre. In schools, bubbles can be made up of 4 to 6 students, and several bubbles can coexist in a single classroom.
- Adults must, however, always remain 2 metres away from both children and other adults.

The success of the lockdown release relies on everyone’s commitment to strictly implement health instructions at all times.

If you show symptoms akin to COVID-19, remain at home, call 1 877 644-4545 and take care of yourself.