

Need a medical consultation?

Don't wait.



If you need an appointment with a healthcare professional and have no symptoms of the flu, gastroenteritis or COVID-19, contact:

- your doctor
- your medical clinic
- your family medicine group
- or Info-Santé 811 if you don't have a doctor

to get a consultation over the phone or, if needed, in person.

A mask must be worn for in-person consultations.



Cough into your sleeve



Wash your hands



Keep your distance



Wear a mask

Let's continue to protect ourselves properly.

[Québec.ca/coronavirus](https://quebec.ca/coronavirus)

 1 877 644-4545