$2.29  Yellow onions 5lb
$4.99  White button mushrooms 227g
$2.49  Red or green peppers 2 pack
$7.99  Red potatoes, 5lb
$3.99  Cherry tomatoes 1 pint
$4.99  Macintosh apples 3lb
$3.49  Lunch Mates, Assorted 90G-120g

$5.49  Olymel bologna 500g
$4.49  Burns Weiners 375g
$2.99  Shaws hot dog bun
$6.99  Healthy Choice bowls 265g-292g

$4.99  Pizza Pops, 400g
$17.99  Janes nuggets or strips
$7.99  Eggo waffles 16s
$4.99  Co-op frozen berries 600g

$6.99  Bear Paws cookies 240g
$4.99  Goldfish crackers 180g
$4.99  Ritz Bits sandwiches 180g
$6.99  Kraft singles 410g

$4.99  Kraft Handi Snacks, 174g
$3.99  Quaker RTS oatmeal 240g-344g
$3.99  Co-op juice boxes 5x200ml
$9.99  Centsible cookies 900g

Start enjoying the benefits of the Spirit Prepaid Reloadable Visa card today!