THE Marketplace™

ᑭᖅᑕ ᐊᑐᑎᓂᐊᖅᑐᑦ
ᓯᑎᐱᓗ 20-ᐅᑦᑐᐱᓗ 3

Prices in effect
September 20-October 3

Bell

THE SOURCE™

$2.79

ᔪᓴ ᑭᒃ
Gizella Cheesecake, Single Serve, 115g

$4.99

ᑭᖅᔭᐃᐅᑦ ᖃᒃᓚᖅᓯᒪᔪᖅ
Co-op Centsibles Shrimp Ring, 284g

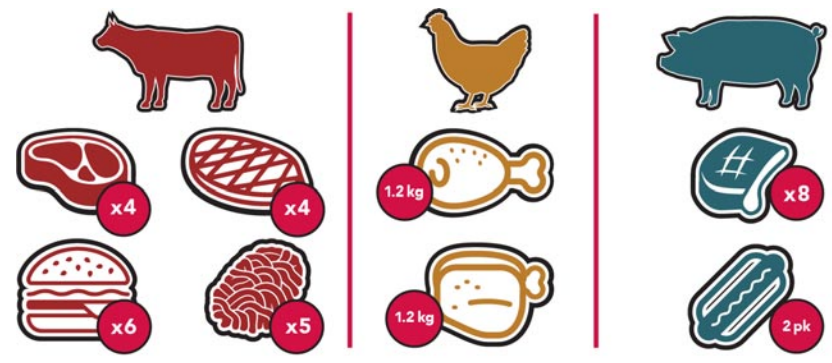
$3.29

ᑯᐊᐸᒃᑯᔨᐃᐅᑦ ᖃᓄᓪᓚᖅᓯᒪᔪᑦ ᐸᑎᑎᑕᑦ
Co-op Gold French Fries, 1 kg

$9.99

ᔪᖅᑲᓕᓯᒪᔪᖅ ᓂᖅ 2 ᓂᖅ 2lb
Lean Ground Beef, 2lb

ᓂᖅᑭᓕᑦ ᑲᑎᖏᑦ #1
MEAT PACK #1



$99.99

20 Lbs. of Meat Including

BEEF	4x	Seasoned Sirloin Steak 160g
	4x	Minute Steak 250g
	6x	Burgers 142g
	5x	Lean Ground Beef 454g
CHICKEN	1.2 kg	Drumsticks
	1.2 kg	Thighs (Bone and skin on/back off)
PORK	8x	Pork Chops (Bone in)
	2 pk	Hot Dogs

ᐊᑭᖏᑐᓂ
PRODUCE

$1.29/LB
$2.84/KG

ᐊᑭᖏᑐᖅ ᕿᐱᖅ (ᐅᓴᐅᓴᖅ)
CABBAGE (GREEN)

$4.29

ᓴᓗ ᐱᐅᑦ
BLUEBERRIES, 170 G

$0.89

ᑭᐲ ᐊᑭᖏᑐᑦ ᔪᓐᓇᖏᑐᑦ
KIWI FRUIT, EA

$3.99

ᑕᑎᑦ ᐃᓕᓴᖑᑦ
3 PACK ROMAINE HEARTS

ᐃᓕᖅ
TREAT YOURSELF

$4.99

ᑕᑯᑕᑦ
TWIZZLERS PARTY PACKS, REGULAR OR PULL 'N PEEL, 343-454G

$4.99

ᐅᖃᒋᓂᑐᖅ ᑭᒃ
BETTTY CROCKER MUG CAKES, 266-294G

$4.49

ᐅᖃᖅᖢᑦ ᔪᑦ
OLD DUTCH BOXED CHIPS, 220 G

ᓂᖅᑭᑦ
MEAT

$8.99

ᐸᐸᓕᒃ ᓂᖅ
PHILLY STEAK, EA

$5.29

ᐄᐊᒪ
WINNIPEG OLD COUNTRY, OLD STYLE HAM, 175 G

$6.49

ᓴᓪᒥ ᐃᑭᐊᑎᒃᓴᖅ
FREYBE GYPSY SALAMI, 250 G

Start enjoying the benefits of the Spirit Prepaid Reloadable Visa card today!
ᐊᑲᖏᒍᑎᑭᓕᓕᐊᓕᓚᐅᑭᓂ ᐱᓵᓕᓕᑐᑎᓂᕐᓴᐃᑦ ᓯᐱᐅᒋᐊᑦ
ᐃᓗᓕᖅᐸᑎᖅᓯᒪᔪᓗᑦ ᐃᓗᓕᓕᕐᓂᕐᓴᓗᑦ ᓱᓴ ᐊᐅᑦᑕᔪᓗᑦ ᐅᑦᓗᒥ!

SPIRIT
Prepaid Visa Card

ᖁᓇ ᔪᓴ: ᖃᐅᐅᑕᒧ ᒪᑐᐃᖏᕐᕕᖃᖅᑐᖅ 9-ᒥ ᐅᑦᔨᒥ 10-ᒧ ᐅᓇᓄᖓᑦ ᐅᖃᓗᑎᖏᓐ:979-5992
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Interac DIRECT PAYMENT
VISA

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