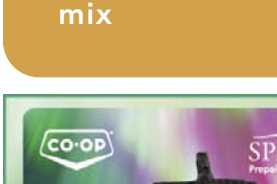

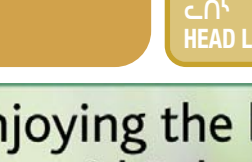

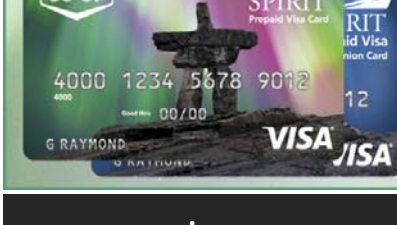

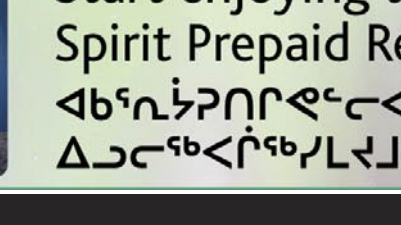

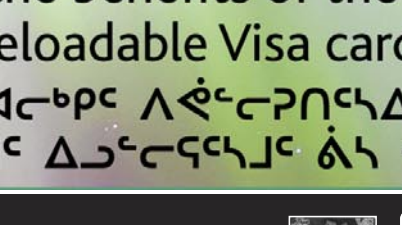

Ventures: Open Daily 9 a.m. to 10 p.m. Phone: 979-5992

The Source: Open Daily 9 a.m. to 10 p.m. Phone: 979-4233

Video Shack: Open Daily 9 a.m. to 10 p.m.

ᕙᓐ ᓱᔅ: ᖃᐅᑕᒫ ᒪᑐᐃᖓᖃᑦᑕᖅᑐᖅ 9-ᒥ ᐅᓪᓛᒥ 10-ᒧ ᐅᓐᓄᖕᒧᑦ ᐅᖃᓗᑎᖓ : 979-5992 ᓱᐊᔅ: ᖃᐅᑕᒫ ᒪᑐᐃᖓᖃᑦᑕᖅᑐᖅ 9-ᒥ ᐅᓪᓛᒥ 10-ᒧ ᐅᓐᓄᖕᒧᑦ ᐅᖃᓗᑎᖓ : 979-4233 ᕕᑎᐅ ᓵᒃ: ᖃᐅᑕᒫ ᒪᑐᐃᖓᖃᑦᑕᖅᑐᖅ 9-ᒥ ᐅᓪᓛᒥ 10-ᒧ ᐅᓐᓄᖕᒧᑦ

ᐅᑦᑑᕝᕙ 13-31, 2020
October 13-31, 2020

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ᖃᑦᑖᕐᔪᒥ ᐱᓂᓯ
BUSH’S BAKED BEANS 398 ML

$3.99

GROCERY ᓂᕆᔭᑦᓴᐃᑦ

ᕼᐊᒻᐳᑯ ᐅᒡᕙᓘᓐᓃᑦ ᑑᓇ ᐃᓚᒃᓴᖏᑦ
HAMBURGER OR TUNA HELPER
166-240 G

$3.49

ᖃᔪᖅ
CAMPBELL’S SOUP, SELECTED
VARIETIES, 284 ML

$2.39

ᑳᐱ ᐴᖅᓯᒪᔪᑦ ᑭᐅᓕᒃ
TIM HORTON’S KCUPS 12S

$10.99

ᐱᐅ ᑲᓛ ᑯᑯᒃ
DUTCH APPLE BEAR
CLAWS, EA

2 for

$5.00
$2.50 ea

ᒪᑐᓲᓕᑦ ᑯᑮᓯ ᐊᒡᒍᖅᓯᒪᔪᑦ
AUDREYS PUFF’N’RICE
90 G

2 for

$5.00
$2.50 ea

ᓅᑐ ᐃᓚᒃᓴᓕᒃ
KNORR SIDEKICKS
NOODLES’N’SAUCE 124-140 G

2 for

$5.00
$2.50 ea

PRODUCE ᐱᕈᖅᑎᑕᐅᓯᒪᔪᑦ

ᐸᐸᓇ
BANANA LB/KG

99¢/LB
$2.18/KG

ᑭᐅᑲᒻᐳ
CUCUMBERS LONG ENGLISH, EA

$1.59

ᓯᑐᓛᐱᐅᓕ
STRAWBERRIES 1 LB

$4.99

ᐋᕗᑳᑐ
AVOCADO FRESH EA

$1.69

MEAT ᓂᖀᑦ

ᐳᐊᒃ ᓂᕿᖏᑦ
PORK BUTT STEAK 400 G

$4.29

ᓂᕿᑦ ᐆᑕᒃᓴᐃᑦ ᐊᒡᒍᖅᓯᒪᔪᑦ
DICED BEEF 1 KG

$6.99

ᐳᐊᒃ ᐆᑕᒃᓴᐃᑦ ᐊᒡᒍᖅᓯᒪᔪᑦ
DICED PORK 1 KG

$9.99

SHARE WITH FRIENDS ᑐᓴᖅᑎᓪᓗᒋᑦ ᐱᖃᓐᓇᕆᔭᑎᑦ

ᑯᑮᓯ ᐃᑭᐊᕐᒥᖃᓐᖏᑦᑐᑦ
CO-OP GOLD SHORTBREAD COOKIES,
150 G

$3.29

ᑯᑯᐃᑦ
CO-OP GOLD CHOCOLATES 57 G

3 for

$5.00
$1.67 ea

ᑲᑎᖓᔪᑦ ᖃᖁᐊᒐᑦ 50%
ᖃᖁᐊᒐᓪᓚᕆᓕᒃ
CO-OP GOLD MIXED NUTS 50%
CASHEWS, 275 G

$6.99

TACO NIGHT

ᑖᑯᑐᕐᓂᐊᖅᑐᒍᑦ ᐅᓐᓄᒃ

ᑖᑯ ᒪᒪᖅᓴᐅᑎᖏᑦ ᐃᓚᒃᓴᖏᑦ
OLD EL PASO SEASONING MIXES, 24 G

$1.59

ᑖᑯ ᐃᒪᒃᓴᖓ
OLD EL PASO THICK’N’RICH SALSA
OR PICANTE SALSA 650 ML

$5.99

ᑖᑯ ᑲᑎᖓᔪᑦ
OLD EL PASO TACO KITS 250-510 G

$5.99

ᓯᖃᓕᓯᒪᔪᖅ ᓂᕿ
LEAN GROUND BEEF 1 LB

$4.99

ᑐᒪᐃᑐ
TOMATOES LB/KG

$2.79/LB

$6.15/KG

ᓚᑎᔅ
HEAD LETTUCE EA

$1.79

ᓯᖃᓕᓯᒪᔪᖅ ᓯᓯ
CRACKER BARREL SHREDDED
CHEESE 320 G

$8.49

ᓂᖅᓯᐅᕈᑎᑦᓴᐃᑦ

1 ᑖᑯ ᑲᑎᖓᔪᑦ

1lb ᓯᖃᓕᓯᒪᔪᖅ ᓂᕿ

2/3 ᐃᕐᖑᓯᖅ ᐃᒥᖅ

1 ᑖᑯ ᒪᒪᖅᓴᐅᑎᖏᑦ

ᐃᓚᒃᓴᖏᑦ

RECIPE

1 Box Old El Paso

taco shells

1lb Lean ground

beef

2/3 Cup of water

1 Package Old El

Paso Seasoning

mix

ᑳᐱ ᐴᖅᓯᒪᔪᑦ ᑭᐅᓕᒃ
TIM HORTON’S KCUPS 12S