Prices in Effect August 13 to August 29, 2021

**What's for Lunch?**

- Sapporo Ichiban Noodles, Flat Pack, 100 G
- Kraft Smooth Peanut Butter, 500 G
- Gogo Squeeze Fruit Packs, 12’s
- Two-Bite Brownies, 280 G
- Deli World Bread, Select Varieties, Each
- Co-op Gold Pure Juice, 2L
- Kellogg’s Nutri Grain Bars, 8’s
- Quality Wedge Sandwiches, Select Varieties, 122 G - 142 G
- Tang Drink Crystals, 3 Pack
- Frito Lay Variety Packs, 30 Pack
- Tim Hortons Coffee, 300 G
- Kraft Smooth Peanut Butter, 500 G
- Dove Shampoo or Conditioner, 355 ML
- Ivory Body Wash, 621 ML
- Colgate Total or Max Fresh Toothpaste, 120-150 ML

**Grocery**

- Tim Hortons Coffee, 300 G
- Kraft Smooth Peanut Butter, 500 G
- Dove Shampoo or Conditioner, 355 ML
- Ivory Body Wash, 621 ML
- Colgate Total or Max Fresh Toothpaste, 120-150 ML

Start enjoying the benefits of the Spirit Prepaid Reloadable Visa card today!