Ventures: Open Daily 9 a.m. to 10 p.m. Phone: 979-5992 The Source: Open Daily 9 a.m. to 10 p.m. Phone: 979-4233 Video Shack: Open Daily 9 a.m. to 10 p.m.

ᕙᓐ ᓱᔅ: ᖃᐅᑕᒫ ᒪᑐᐃᖓᖃᑦᑕᖅᑐᖅ 9-ᒥ ᐅᓪᓛᒥ 10-ᒧ ᐅᓐᓄᖕᒧᑦ ᐅᖃᓗᑎᖓ:979-5992
ᓱᐊᔅ: ᖃᐅᑕᒫ ᒪᑐᐃᖓᖃᑦᑕᖅᑐᖅ 9-ᒥ ᐅᓪᓛᒥ 10-ᒧ ᐅᓐᓄᖕᒧᑦ ᐅᖃᓗᑎᖓ:979-4233

ᕕᑎᐅ ᓵᒃ: ᖃᐅᑕᒫ ᒪᑐᐃᖓᖃᑦᑕᖅᑐᖅ 9-ᒥ ᐅᓪᓛᒥ 10-ᒧ ᐅᓐᓄᖕᒧᑦ usw

ᑭᖏᑦ ᐊᑑᑎᓂᐊᖅᑐᑦ
ᔭᓄᐊᕆ 7–28, 2022
Prices in effect
January 7 – 28, 2022

$14.99 $10.99

ᐱᕈᖅᑐᑦ FROZEN ᐱᕈᖅᑐᑦ PRODUCE

ᐊᖏᓂᖅᓴᐃᑦ ᐊᐅᓚᐃᓂᓯ
Navel Oranges, 3 lb

ᐅᖅᓱᖃᓗᐊᓐᖏᑦᑐᖅ
ᓂᕿᓪᓚᕆᒃ ᓯᖃᓕᓯᒪᔪᖅ
Lean Ground Beef, 1 lb

$5.99 $5.99

Co-op Gold™ ᐃᖂᑎᒃᓴᖅ,
2 ᐃᔾᔪᓂᓕᒃ, ᒪᕐᕉᒃ
ᐃᓗᐊᓂ, 12-ᖑᔪᑦ ᑕᒪᕐᒥᒃ
Co-op Gold™ Bathroom
Tissue, 2 ply, double roll,
12 pack

Co-op Gold™
ᐳᑦᑐᖅᓴᐅᑎᓕᒃ

ᐲᔾᔭ, 778-834 ᒍᓚᒻᔅ
Co-op Gold™ Rising
Crust Pizza, 778-834 g

$3.99
Sun-Rype™
ᐃᓚᐅᖅᓯᒪᓐᖏᑦᑐᖅ
ᐃᒥᒐᒃᓴᖅ, ᑎᑦᑐᓚ
ᑲᑎᖓᔪᑦ, 5x200
ᒥᓚᓖᑕᔅ
Sun-Rype™ Pure
Juice, Tetra Pack,
5x200 ml

ᑭᐅᓚᑦ, 907
ᒍᓚᒻᔅ
Carrots, 2 lb

ᒐᓚ ᐋᐳᐃᑦ,
3 ᐸᐅᓐᔅ

Gala Apples,
3 lb

ᓚᑎᔅ ᐱᕈᖅᑐᖅ
ᐅᖃᐅᔭᖅ
Iceberg Lettuce

$2.49

each

$3.99

each

$4.99

$16.99

ᓂᕿᑦ MEAT

ᑰᑯᓯᖅ ᑐᓄᐊᑕ
ᑐᓕᒫᖏᑦ, 1 ᑭᓚᒍᓚᒻᔅ
Pork Back Ribs,
1 kg

ᐊᒡᒍᖅᓯᒪᔪᑦ
ᓂᕿᓪᓚᕇᑦ, 1 ᒍᓚᒻᔅ
Diced Beef, 1 kg

$3.49
Swanson™
ᓂᕿᓕᑦ ᐸᐃ, 200
ᒍᓚᒻᔅ
Swanson™
Meat Pies, 200 g

$16.99
Co-op Gold™
ᐊᕿᒡᒋᖅᑲᒥᓃᑦ
ᖁᓪᓗᖅᓯᒪᔪᖅ, 908
ᒍᓚᒻᔅ

Co-op Gold™
Chicken Strips, 908 g

$15.99
Co-op Gold™
ᐊᕿᒡᒋᖅ ᐊᒡᒍᖅᓯᒪᔪᑦ,
908 ᒍᓚᒻᔅ

Co-op Gold™
Chicken Nuggets,
908 g

$11.99
ᐅᓲᔮᖅᑐᑦ Pogo™,
750 ᒍᓚᒻᔅ
Original Pogo™,
750 g

$4.89
McCain™ ᐸᑎᓯᑦ
ᓇᑲᑎᖅᓯᒪᔪᑦ,
650 ᒍᓚᒻᔅ
McCain™
French Fries, 650 g

$7.99